FLIGHT PLAN

WX	INFO/SVC	RWY	WIND	VIS	CLOUD	TEMP/DP	QNH/QFE	REG QNH
DEP	/		/			/	/	
ARR	/		/			/	/	
ATIS		APP			TOWER			GROUND
BR OFF		T/O			LAND			BR ON

FROM/TO	MSA	PL/A	TAS	TR(T)	HDG(T)	HDG(M)	DIS	G/S	TIME	ETA

COMM STN	SVC	FREQ	NAV STN	IDENT	SVC	FREQ	NOTES

INITIAL CALL	MAYDAY / PAN	REMARKS
C ALLSIGN	**C** ALLSIGN	
E NROUTE	**A** IRCRAFT TYPE	
P OSITION	**N** ATURE OF EMG	
A LTITUDE	**I** TENTION	
C ONDITIONS	**P** OS / ALT / HDG	
E STIMATE	**P** ILOT QUAL	
R EQUEST	**P**. O.B.	

DISTRESS 121.50 **TRANSPONDER DISTRESS** **DISTRESS 7700** **COMMS FAIL 7600**
HIJACK 7500